

**1. What was / has been your occupation before entering politics?**

I was a health care administration officer, and then a family doctor in the military. After 23 years in, I left and started my own practice.

**2. Do you live in the riding and, if so, how long has it been your home?**

I am from Kanata and left to go to university. I was posted back to Ottawa in 2015; we have a small farm in Dunrobin.

**3. What has been your main involvement with your community outside of work (volunteer activities, etc.)?**

I dragon boat with the Dragon Docs and we fundraise for the community. I offer Walk With a Doc and lunch and learns in Kanata.

**4. In your life what event, or book, or speech, or song or even TV show has made the biggest impression on you and your political thinking? Why?**

I read the book "All Our Relations: Finding the Path Forward" by Tanya Talaga. It really helped me to better understand the history of First Nations and Inuit people in Canada, but also the experience of Indigenous peoples around the world. It helped to inform me to the extent that when the MMIWG report came out earlier this year and used the word "genocide," to reflect the First Nations and Inuit experience, it made sense to me.

**5. What previous politician, (alive or dead, but not currently in parliament) is a role model for you?**

Tommy Douglas, because we got publicly funded health care. When I was a child, my brother Dave was really, really sick, and he got the care he needed at CHEO. It took awhile to figure out both his diagnosis and the treatment, and my parents probably would have lost their home had it not been for the public health care system. Clearly the health care system needs some improvements, but Douglas' work has affected so many Canadians' lives.

**6. What policy in your party's platform do you think matters most to the people in your riding?**

Climate change and greening the economy. We have the most assertive plan to take decisive action on climate change; we can keep warming to 1.5 degrees. Also, we can pay for it without increasing income taxes for the majority of Canadians. More and more people in Kanata-Carleton are concerned about climate change, but they are concerned about the costs involved because many people are within \$200 of not being able to pay their monthly bills. As a physician, I'm excited by the prospect of addressing climate change while making life more affordable and healthier for people in Kanata-Carleton.

**7. Recent polls suggest many Canadians are disillusioned with politics. If elected, what would you do to address those concerns?**

Anyone who speaks with me should be able to tell that I'm not using talking points or canned

sentences sent from a head office. As a MP that pattern will not change. As a physician, I am

committed to working towards a healthier population. As a retired veteran, I live by the mottos of service (to others) before self, and deeds, not words. If elected I will continue to speak plainly, actually answer questions, and do my best to resolve issues and concerns, both from constituents as well as those affecting us on a national level.